

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  155468		X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING		X3) DATE SURVEY COMPLETED 05/05/2011	
NAME OF PROVIDER OR SUPPLIER  BRECKENRIDGE HEALTH & REHABILITATION				STREET ADDRESS, CITY, STATE, ZIP CODE 325 WEST NORTHWOOD DR SULLIVAN, IN47882			
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F0000	<p>This visit was for the Investigation of Complaints IN00088658 and IN00089737.</p> <p>Complaint IN00088658 - Substantiated. Federal/state deficiencies related to the allegations are cited at F282 and F333.</p> <p>Complaint IN00089737 - Unsubstantiated due to lack of evidence.</p> <p>Survey date: May 05, 2011</p> <p>Facility number: 000525 Provider number: 155468 AIM number: 100267010</p> <p>Survey team: Kimberly Perigo, RN</p> <p>Census bed type: SNF/NF: 39 Residential: 01 Total: 40</p>			F0000	<p>Submission of this plan of correction does not constitute admission or agreement by the provider of the truth of facts alleged or correction set forth on the statement of deficiencies. This plan of correction is prepared and submitted because of requirement under state and federal law. Please accept this plan of correction as our credible allegation of compliance. Please find enclosed the plan of correction for the survey ending May 5, 2011. Due to the low scope and severity of the survey findings, please also find enclosed sufficient documentation providing evidence of compliance with the plan of correction. The documentation serves to confirm the facility's allegation of compliance. Thus, the facility respectfully requests the granting of paper compliance. Should additional information be necessary to confirm said compliance, feel free to contact me. Respectfully, Lori Lewis-White Administrator</p>		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F0282 SS=D	<p>Census payor type: Medicare: 04 Medicaid: 33 Other: 03 Total: 40</p> <p>Sample: 06</p> <p>These deficiencies also reflect state findings cited in accordance with 410 IAC 16.2.</p> <p>Quality review completed 5/10/11 by Jennie Bartelt, RN.</p> <p>The services provided or arranged by the facility must be provided by qualified persons in accordance with each resident's written plan of care.</p> <p>Based on record review and interview, the facility failed to ensure 1 of 3 residents reviewed for services provided in accordance with the written plan of care received medications as prescribed by the physician, in that medications not prescribed had been administered to a resident, in a sample of 6 residents. (Resident A)</p>			F0282	<p>The facility will ensure this requirement is met through the following corrective measures: 1. Resident A was returned back to the facility with no negative outcome. 2. All residents have the potential to be affected. QMA #1 was disciplined according to the facility's progressive discipline process and re-educated on the facility's medication administration policy. 3. The facility's medication administration policy was</p>		05/22/2011

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	<p>Findings include:</p> <p>The facility's Medication Administration Policy and Procedure, dated September 2005, was provided by the Director of Nursing on May 05, 2011, and indicated, "PURPOSE: To administer medications according to the guidelines set forth by the State and Federal regulations."</p> <p>The Nursing Spectrum Drug Handbook, dated 2010, indicated the importance of following the prescriber's medication orders by implementation of "The 'five rights' of drug administration: Nurses are legally responsible for applying and ensuring the 'five rights' of drug administration....Right patient. Right drug. Right dosage. Right time. Right route."</p> <p>The Qualified Medication Aide [Q.M.A.] Basic Curriculum, dated October 2003 [most current], indicated the Q.M.A. is responsible</p>				<p>reviewed and no changes are indicated at this time (see attachment). Licensed nurses and QMA's were re-educated on the policy. The DON or her designee will randomly observe medication administration 3 times weekly for 4 weeks, then once weekly for 4 weeks, then once a month for 2 months, then quarterly thereafter (see attachment).4. The findings of these audits will be reviewed during the facility's quarterly Quality Assurance meetings and the plan of action adjusted accordingly.5. The above corrective measures will be completed on or before May 22, 2011.</p>		

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	<p>to administer medications as prescribed by the physician by following; "Principles of Administering Medications...Six Rights of Medication Administration: A. Give the RIGHT MEDICATION. B. Give the RIGHT DOSE. C. Give the medication to the RIGHT RESIDENT. D. Give the medication by the RIGHT ROUTE. E. Give the medication at the RIGHT TIME. F. Enter the RIGHT DOCUMENTATION in the chart."</p> <p>Resident A's clinical record was reviewed on May 05, 2011, at 10:45 a.m.</p> <p>Licensed Nurse #1's Nurse's Notes, dated March 25, 2011, at 9:18 a.m., co-signed by Licensed Nurse #2, indicated; "QMA reported to 100 hall chg [charge] nurse [Licensed Nurse #1] that she gave another Resident's medication to this Resident [Resident A]. Res. [Resident A] rec'd [received] Norvasc 5 mg i [one], ASA 81 mg i</p>						

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	<p>[one], Lexapro 20 mg i [one], Metoprolol 50 mg i [one], Risperidal 0.25 mg i [one], Benadryl 25 mg i [one], Lorazepam 1 mg i [one], Metformin 500 i [one] et [and] K-dur 10 meq ii [two] tabs @ this X [time]; meds [medications] weren't this Resident's [Resident A] meds to rec [receive]."</p> <p>Physician's orders for March 2011 lacked documentation to indicate the physician had ordered the medications.</p> <p>Interview of Licensed Nurse #1 on May 05, 2011, at 1:25 p.m., Licensed Nurse #2 on May 05, 2011, at 1:35 p.m., and the Director of Nursing on May 05, 2011, at 2:30 p.m., indicated on March 25, 2011, during the morning medication pass, Q.M.A. [Qualified Medication Aide] #1 had reported giving Resident A medications that had not been prescribed for her. The medications had been set up for another resident</p>						

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	<p>and given to Resident A by mistake. The medications given were those documented in the Nurses Notes dated March 25, 2011, at 9:18 a.m.</p> <p>On May 05, 2011, at 2:55 p.m., Q.M.A. #1 was interviewed. During the interview Q.M.A. #1 indicated during the morning medication pass she had two residents' medications set up and she had gotten the medications mixed up. Q.M.A. #1 had given Resident A another resident's medications, medications not prescribed for her. The medications given in error were those documented in the Nurses Notes dated March 25, 2011 at 9:18 a.m.</p> <p>Resident A's Nurses Notes, dated March 25, 2011, indicated she had been sent to a local acute care hospital for evaluation.</p> <p>Resident A's acute care hospital History and Physical Report dated March 25, 2011, indicated, "HISTORY OF PRESENT</p>						

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	<p>ILLNESS: ... She is a resident of a nursing home where she was apparently given the wrong medications.... She was admitted for further monitoring and management.... ASSESSMENT: A 91 year old woman with impression: 1) Lethargy 2) Status post administration of multiple medications (not intended for the patient). 3) Dehydration 4) Anemia 5) History of hypertension 6) Dizziness 7) Atrial fibrillation 8) Diabetes mellitus. PLAN: 1) The patient is admitted for further monitoring and management. 2) Will continue to monitor her vitals as well as neurological status closely. 3) Will also continue to monitor for any electrolytes and EKG changes."</p> <p>This federal tag relates to complaint IN00088658.</p> <p>3.1-35(g)(2)</p>						

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F0333 SS=D	<p>The facility must ensure that residents are free of any significant medication errors.</p> <p>Based on record review and interview, the facility failed to ensure 1 of 1 resident reviewed for a significant medication error was free of significant error, in that non-prescribed medications were administered to the resident, in a sample of 6. [Resident A]</p> <p>Findings include:</p> <p>The facility's Medication Administration Policy and Procedure, dated September 2005, provided by the Director of Nursing on May 05, 2011, indicated, "PURPOSE: To Administer medications according to the guidelines set forth by the State and Federal regulations.</p> <p>PROCEDURE: ... 6. Proper identification of the resident will occur prior to administering. ..."</p> <p>The Nursing Spectrum Drug Handbook, dated 2010, indicated, "The 'five rights' of drug</p>			F0333	<p>The facility will ensure this requirement is met through the following corrective measures:1. Resident A was returned back to the facility with no negative outcome.2. All residents have the potential to be affected. QMA #1 was disciplined according to the facility's progressive discipline process and re-educated on the facility's medication administration policy.3. The facility's medication administration policy was reviewed and no changes are indicated at this time (see attachment). Licensed nurses and QMA's were re-educated on the policy. The DON or her designee will randomly observe medication administration 3 times weekly for 4 weeks, then once weekly for 4 weeks, then once a month for 2 months, then quarterly thereafter (see attachment).4. The findings of these audits will be reviewed during the facility's quarterly Quality Assurance meetings and the plan of action adjusted accordingly.5. The above corrective measures will be completed on or before May 22, 2011.</p>		05/22/2011



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	<p>administration: Nurses are legally responsible for applying and ensuring the 'five rights' of drug administration. ... Right patient. Right drug. Right dosage. Right time. Right route."</p> <p>The Qualified Medication Aide [Q.M.A.] Basic Curriculum dated October 2003 [most current] indicated, "Principles of Administering Medications ... Six Rights of Medication Administration: A. Give the RIGHT MEDICATION. B. Give the RIGHT DOSE. C. Give the medication to the RIGHT RESIDENT. D. Give the medication by the RIGHT ROUTE. E. Give the medication at the RIGHT TIME. F. Enter the RIGHT DOCUMENTATION in the chart."</p> <p>Resident A's clinical record was reviewed on May 05, 2011, at 10:45 a.m.</p> <p>Resident A's diagnoses included, but were not limited to, arthritis,</p>						

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	<p>atrial fibrillation, diabetes mellitus, and congestive heart failure.</p> <p>A Minimum Data Set Assessment [evaluation of physical, mental, and psychosocial health status] dated March 24, 2011, indicated Resident A had short-term [recall within five minutes] and long-term [recall of long past] memory impairment. Her cognitive [thinking] skills for daily decision making were severely impaired. She was dependent on nursing staff for daily decision making.</p> <p>Licensed Nurse #1's Nurse's Notes, dated March 25, 2011, at 9:18 a.m., co-signed by Licensed Nurse #2 indicated, "QMA reported to 100 hall chg [charge] nurse [Licensed Nurse #1] that she gave another Resident's medication to this Resident [Resident A]. Res. [Resident A] rec'd [received] Norvasc 5 mg i [one], ASA 81 mg i [one], Lexapro 20 mg i [one], Metoprolol 50 mg i [one], Risperidal 0.25 mg i [one],</p>						

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	<p>Benadryl 25 mg i [one], Lorazepam 1 mg i [one], Metformin 500 i [one] et [and] K-dur 10 meq ii [two] tabs @ this X [time]; meds [medications] weren't this Resident's [Resident A] meds to rec [receive]."</p> <p>Physician's orders for March 2011 lacked documentation to indicate the physician had ordered the medications.</p> <p>Review of the Nursing Spectrum Drug Handbook, dated 2010, indicated: "Norvasc. Pharmacologic class: Calcium channel blocker. Therapeutic class: Antihypertensive. Indications and dosages: Essential hypertension, chronic stable angina pectoris, and vasospastic angina. Adverse reactions [an undesired side effect or toxicity caused by the administration of drugs]: CNS [central nervous system]: headache, dizziness, drowsiness, light-headedness, fatigue,</p>						

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	<p>weakness, lethargy. CV [cardiovascular]: peripheral edema [extremity's tissues contain an excessive amount of fluid], angina [an oppressive pain or pressure in the chest caused by inadequate blood flow and oxygenation to the heart muscle], brady-cardia [a slow heart beat marked by a pulse rate below 60 beats per minute], hypotension [a decrease in blood pressure], palpitations [a sensation of rapid or irregular beating of the heart]. GI [gastro-intestinal]: nausea, abdominal discomfort. Musculoskeletal: muscle cramps, muscle pain or inflammation. Respiratory: shortness of breath, dyspnea [air hunger, resulting in labored or difficult breathing], wheezing. Skin: rash, pruritus, urticaria, flushing."</p> <p>"ASA. Pharmacologic class: Nonsteroidal anti-inflammatory drug. Therapeutic class: Nonopioid analgesic, antipyretic, antiplatelet drug. Indications and dosages: Mild pain or fever.</p>						

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	Adverse reactions: EENT [ears, eyes, nose, and throat]: hearing loss, tinnitus, ototoxicity [having a detrimental effect on the eighth nerve or the organs of hearing]. GI: nausea, vomiting, abdominal pain, dyspepsia [upper abdominal discomfort], epigastric distress, heartburn, anorexia, GI bleeding. Hematologic: thrombocytopenia [abnormal decrease in the number of platelets/platelets enhance the coagulation of blood], hemolytic anemia [destruction of red blood cells resulting in a reduction in the mass of circulating red blood cells], leukopenia [abnormal decrease of white blood cells], agranulocytosis [a deficit or absolute lack of granulocytic white blood cells], shortened red blood cell life span. Hepatic: hepatotoxicity. Metabolic: hyponatremia [a decreased concentration of sodium (the main contributor to osmotic pressure and hydration in the blood)], hypokalemia [an abnormally low concentration of						

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	<p>potassium (an important electrolyte) in the blood], hypoglycemia [an abnormally low level of glucose (sugar/energy for living organism) in the blood]. Respiratory: wheezing, hyperpnea [increased respiratory rate], pulmonary edema [a potentially life-threatening accumulation of fluid in the lungs] with toxicity. Skin: rash, urticaria, bruising, angioedema."</p> <p>"Metoprolol. Pharmacologic class: Beta-adrenergic blocker. Therapeutic class: Antihypertensive, antianginal. Indications and dosages: Hypertension [high blood pressure]. Adverse effects: CNS: fatigue, weakness, anxiety, depression, dizziness, drowsiness, insomnia, memory loss, mental status changes, nervousness, nightmares. CV: Orthostatic hypotension [low blood pressure occurring when a person assumes an upright position from a bed a chair], peripheral vasoconstriction [a decrease in the</p>						

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	<p>diameter of blood vessels of the extremities], bradycardia, heart failure, pulmonary edema. EENT: blurred vision, stuffy nose. GI: nausea, vomiting, constipation, diarrhea, flatulence, gastric pain, heartburn, dry mouth. GU: Urinary frequency. Hepatic: hepatitis. Metabolic: hyperglycemia, hypoglycemia. Respiratory: wheezing, bronchospasm. Skin: rash. Other: drug-induced lupus syndrome."</p> <p>"Risperidal. Pharmacologic class: Benzisoxazole derivative. Therapeutic class: Antipsychotic. Indications and dosage: Schizophrenia. Adverse effects: CNS: aggressive behavior, dizziness, drowsiness, extrapyramidal reactions [muscular rigidity, tremor], headache, increased dreams, longer sleep periods, insomnia, sedation, fatigue, nervousness, agitation, anxiety, tardive dyskinesia [a neurologic syndrome marked by slow rhythmical movements],</p>						

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	hyperkinesia [increased muscular movement], akathisia [motor restlessness], transient ischemic attack (TIA), cerebrovascular accident (CVA) [stroke], neuroleptic malignant syndrome [a potentially fatal syndrome]. CV: orthostatic hypotension, chest pain, tachycardia [an abnormal rapid heart rate], arrhythmias [irregular rhythm of the heart]. EENT: vision disturbances, rhinitis, sinusitis, pharyngitis [inflammation of the pharynx (the passageway for air from the nasal cavity to the larynx) ]. GI: nausea, vomiting, diarrhea, constipation, abdominal pain, dyspepsia, dry mouth, increased salivation, anorexia. GU: difficulty urinating, polyuria [excessive discharge of urine]. Musculoskeletal: joint or back pain. Respiratory: cough, dyspnea, upper respiratory tract infection. Skin: pruritus, diaphoresis, rash, dry skin. Other: toothache, fever, impaired temperature regulation."  "Benadryl. Pharmacologic class:						



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	<p>Ethanolamine derivative, nonselective histamine receptor antagonist. Therapeutic class: Antihistamine, antitussive, antiemetic, antivertigo agent, antidyskinetic. Indications and dosages: Allergy symptoms caused by histamine release, nausea, vertigo. Adverse reactions: drowsiness, dizziness, headache, paradoxical stimulation [seemingly contradictory but demonstrably true]. CV: hypotension, palpitations, tachycardia, EENT: blurred vision, tinnitus. GI: diarrhea, constipation, dry mouth. GU: dysuria, urinary frequency or retention. Skin: photosensitivity. Other: decreased appetite."</p> <p>"Lorazepam. Pharmacologic class: Benzodiazepine. Therapeutic class: Indications and dosages: Anxiety. Adverse effects: CNS: amnesia, agitation, ataxia [defective muscular coordination], depression, disorientation, dizziness, drowsiness, headache, incoordination, asthenia [lack or</p>						

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	<p>loss of strength]. EENT: blurred vision, diplopia [double vision], nystagmus [involuntary movement of the eyes]. GI: nausea, abdominal discomfort. Other: increased or decreased appetite."</p> <p>"Metformin. Pharmacologic class: Biguanide. Therapeutic class: Hypoglycemia. Indications and dosages: Improve glycemic control in type 2 (noninsulin-dependent) diabetes mellitus. Adverse reactions: GI: diarrhea, nausea, vomiting, abdominal bloating. Metabolic: lactic acidosis [an increase in the acidity of blood due to accumulation of lactic acid]. Other: unpleasant metallic taste, decreased vitamin B12 level."</p> <p>"K-dur. Pharmacologic class: Mineral, electrolyte. Therapeutic class: Electrolyte replacement, nutritional supplement. Indications and dosages: To prevent potassium depletion. Adverse effects: CNS: confusion, unusual fatigue, restlessness, asthenia, flaccid</p>						

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	<p>paralysis [loss of purposeful movement due to loss of muscle tone], paresthesia [unpleasant sensation often described as prickly, stinging, or burning], absent reflexes. CV: ECG changes, hypotension, arrhythmias, heart block [interference with the normal transmission of electrical impulses through the conduction system of the heart], cardiac arrest. GI: nausea, vomiting, diarrhea, abdominal discomfort, flatulence. Metabolic: hyperkalemia. Musculoskeletal: weakness and heaviness of legs. Respiratory: respiratory paralysis."</p> <p>Interview of Licensed Nurse #1 on May 05, 2011, at 1:25 p.m., Licensed Nurse #2 on May 05, 2011, at 1:35 p.m., and the Director of Nursing on May 05, 2011, at 2:30 p.m., indicated on March 25, 2011, during the morning medication pass, Q.M.A. #1 had reported giving Resident A medications that had not been prescribed to her. The medications</p>						

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	<p>had been set up for another resident and given to Resident A by mistake. The medications given were those documented in the Nurses Notes dated March 25, 2011, at 9:18 a.m. The Licensed Nurses and Director of Nursing further indicated this was a medication error.</p> <p>On May 05, 2011, at 2:55 p.m., Q.M.A. #1 was interviewed. During the interview the Q.M.A. indicated during the morning medication pass she had two residents' medications set up and she had gotten the medications mixed up. The Q.M.A. had given Resident A another resident's medications, medications not prescribed for her. The medications given in error were those documented in the Nurses Notes dated March 25, 2011, at 9:18 a.m.</p> <p>Resident A's Nurses Notes, dated March 25, 2011, indicated she had been sent to a local acute care hospital for evaluation.</p>						

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	<p>Resident A's acute care hospital History and Physical Report dated March 25, 2011; indicated, "HISTORY OF PRESENT ILLNESS: ... She is a resident of a nursing home where she was apparently given the wrong medications. ... She was admitted for further monitoring and management. ... ASSESSMENT: A 91 year old woman with impression: 1) Lethargy 2) Status post administration of multiple medications (not intended for the patient). 3) Dehydration 4) Anemia 5) History of hypertension 6) Dizziness 7) Atrial fibrillation 8) Diabetes mellitus. PLAN: 1) The patient is admitted for further monitoring and management. 2) Will continue to monitor her vitals as well as neurological status closely. 3) Will also continue to monitor for any electrolytes and EKG changes."</p> <p>This federal tag relates to complaint IN00088658.</p>						

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

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FORM APPROVED

OMB NO. 0938-0391

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